

By: **Tehmas Ahmad Khan** Demonstrator-Biochemistry

NORMAL RANGE

Fasting Blood Sugar: 70-110 mg/dl

Random Blood Sugar: <126mg/dl

Pre-Diabetes: 126-140 mg/dl

Hyperglycemia: >140 mg/dl

Children: 60–110 mg/dl

Newborns: 40–60 mg/dl

Clinical Correlates

HYPOGLYCEMIA

- ≻latrogenic
- Idiopathic
- Starvation
- ≻Insulinoma
- >Hypo-pituitarism
- Cretinism
- >Addison's Disease

HYPERGLYCEMIA

- Diabetes Mellitus
- ≻latrogenic
- >Hyper-Thyroidism
- Idiopathic
- ➢Post Prandial



GENERAL INFORMATION

Methods:

- 1. Folin–Wu Method
- 2. Orthotoludine method
- 3. Glucose Oxidase/ Peroxidase Method

We are going to perform GOD Method

REQUIREMENTS

- Spectrophotometer
- Adjustable micropipette
- Blood collection kit
- Test tubes
- Centrifuge with test tubes.
- Other Requirements: Blood sample Glucose Standard--- 100mg/dl Glucose Reagent

REQUIREMENTS (CONTD)

- Composition of Glucose Reagent:
- Glucose oxidase----- 15 KU/L
- Mutarotase----- 2 KU/L
- (Hydrogen) peroxidase----- 1.5 KU/L
- Phenol ----- 0.75 mol/L
- 4-aminophenazone----- 0.25 mol/L (The electron acceptor)

Phosphate Buffer---- 0.1 mol/L

PRINCIPLE

GOD Glucose $+O_2+H_2O$ ------ Gluconic acid $+H_2O_2$

Peroxidase 4-aminophenazone + $H_2O_2 \triangleleft ----- \bowtie$ quinonimine+ H_2O

PROCEDURE

Take Three Test Tubes and Mark then Unknown(U), Standard(S) and Blank(B).

Take 1ml of Working Reagent in each tube.

Add 10 µl of distilled water into Blank(B).

Add 10 µl of Standard Solution into Test tube marked as Standard(S).

Add 10 µl of Serum into the test tube marked as Unknown(U).

Mix and Incubate for 10 minutes at 20-25 degree Celsius.

Check light absorbance via a calorimeter at 546nm.

Unknown Absorbance **Calculation:** Glucose concentration (mg/dl) = ------x 100

Standard Absorbance

LIMITATIONS

Minimum detectable limit is 5mg/dl

Maximum detectable limit is 500mg/dl

More than 500mg/dl of Cholesterol leads to abnormal results

Reducing Substances like Ascorbic Acid, creatinine, Uric Acid and Glutathione reacts with H_2O_2 and decrease resultant Glucose level.

RESOURCES USED:

Textbook of Medical Biochemistry by M.N.CHATTERJEA

Textbook of biochemistry for medical students by Sreekumari and DM Vasudevan

Wikipedia and Internet

